

PhD Course in Physical Activity and Health (2005-2008)

Approved Projects

1-ALEXANDRINA DE JESUS SERRA LOBO

Supervisor: Maria Paula Santos and Joana Carvalho

"Association between Quality of Life, Physical Activity, Physical Fitness and Cardio Vascular Disease risk factors of Institutionalized elderly, of north the Portugal"

2-ANELISE REYS GAYA

Supervisor: Jorge Mota and Doutor José Carlos Ribeiro

"Physical activity and risk factors of cardiovascular diseases in children and adolescents- A study on Porto area students"

Grant: FCT: SFRH/BD/24350/2005/

3-ANTÓNIO MIGUEL DE BARROS MONTEIRO

Supervisor: Joana Carvalho

"The effect of different types of training on physical and functional fitness of elderly subjects of both genders."

Grant: FCT: SFRH/BD/31313/2006

4-CLARICE MARIA DE LUCENA MARTINS

Supervisor: Jorge Mota and José Carlos Ribeiro

"Metabolic Syndrom and Physical Fitness in Porto youth"

Grant : FCT: SFRH/BD/15867/2005

5-CLARINDA FERNANDA DA SILVA FESTAS

Supervisor: Maria Paula Santos and José Carlos Ribeiro

"Low back pain in schoolchildren, Incidence study on risk factors and intervention for postural education."

6-CLÁUDIO ROBERTO ESCOVAR PAIVA

Supervisor: José Carlos Ribeiro and Pedro Moreira

"EFEITOS DO TREINAMENTO RESISTIDO E AERÓBIO NA PRESSÃO ARTERIAL E NOS LIPÍDEOS SANGUÍNEOS EM ESCOLARES COM SOBREPESO E OBESIDADE"

7-CRISTINA TERESA TORRÃO DE CARVALHO MESQUITA

Supervisor: José Carlos Ribeiro and Pedro Moreira

" Efeitos de um programa de exercicios na sintomatologia musculo-esquelética e na qualidade de vida de operários de armazém."

8-FERNADO MANUEL TAVARES DA SILVA RIBEIRO

Supervisor: José Oliveira and José Alberto Duarte

"Chronic effects of exercise training in phase II cardiac rehabilitation program on inflammatory biomarkers in coronary artery disease patients."

Grant: FCT: SFRH/BD/15843/2005

9-JOÃO PAULO FERREIRA DE SOUSA VENÂNCIO

Supervisor: Joana Carvalho and José Alberto Duarte

"Effects of a Physical Activity Program on Chronic Obstructive Pulmonary Disease"

Grant: FCT: SFRH/BD/29265/2006

10-JOSÉ ANTÓNIO RODRIGUES LUMINI DE OLIVEIRA

Supervisor: António Ascensão and José Magalhães

"Effects of exercise on mitochondrial function from diabetic animal tissues– Morphological, biochemical and functional evidence."

Grant: FCT: SFRH/BD/30906/2006

11-JÚLIA MATZENBACHER DOS SANTOS

Supervisor: José Alberto Duarte

"The effect of acute physical exercise on skeletal muscle glucose uptake in diabetic rats: The role of atypical protein kinase C on insulin dependent and independent pathways."

Grant: FCT: SFRH/BD/15844/2005

12-LUÍSA MARIA SEARA MOREIRA CARNEIRO AIRES

Supervisor: r Jorge Mota

"Habitual physical activity in overweight and obese children and adolescents"

Grant: FCT: SFRH/BD/23128/2005

13-MIRIAN WERBA SALDANHA

Supervisor: Jorge Mota

"Efeitos de um Programa de Promoção da Saúde no Ambiente de Trabalho no Controle dos Fatores de Risco das Doenças Cardiovasculares: Um Estudo com adultos, Trabalhadores da Indústria do Estado da Paraíba, Brasil"

14-PEDRO MIGUEL QUEIRÓS PIMENTA DE MAGALHÃES

Supervisor: José Alberto Duarte

"Analysis of some physiologic alterations motivated by the participation in a physical exercise program by type 2 Diabetes Mellitus patients"

Grant: FCT: SFRH/BD/23165/2005

15-PEDRO MIGUEL RIBEIRO SILVA

Supervisor: Jorge Mota

"Physical Activity in Children and Adolescents using accelerometry in different settings

Grant: FCT: SFRH/BD/23088/2005

16-RUTE MARINA ROBERTO DOS SANTOS

Supervisor: Jorge Mota and Maria Paula Santos

"Behavioral Risk Factors of Cardiovascular Diseases in Azorean Adult Population

Grant: FCT: SFRH/BD/22587/2005

17-SUSANA VALE

Supervisor: Jorge Mota and Maria Paula Santos

"Association between Physical Activity and Parental Lifestyle with youth Cardiovascular Disease Risk Factors.

Grant: FCT: SFRH/BD/30059/2006