

## Ciclo de Palestras em Atividade Física e Saúde

### Dia 28 de Março

Seminar: **Built Environment, Physical Activity and Health**  
Environmental contributors to physical activity and other health outcomes are receiving great attention in the literature. With this Seminar, we aim to bring diverse perspectives to get a better understanding of this emerging research area.

**Chair: Maria Paula Santos, PhD, FADEUP.**

#### **10:00 - Health and urban planning, a happy marriage?**

**Daniel Casas Valle** is an urbanist, PhD at the Faculty of Architecture, Porto University. With a broad experience based on urban planning practices and academic activities, he is more than 20 years connected within the field of urbanism, as a urban designer, planner and researcher. Currently, he is working at various projects at his office Urban Dynamics and at the MDT/CEAU/FAUP as a researcher.

#### **11:30-Active transport among children and adolescents.**

**Andreia Pizarro** is a PhD in Physical Activity and Health. She is currently a Pos Doctoral Researcher at CIAFEL. Her research interests are mainly related to the role of the built environment on active behaviors across the life course.

#### **15:00-Socioeconomic inequalities in green space quality and accessibility - a challenge for making cities physical activity-friendly.**

**Ana Isabel Ribeiro** is a Geographer, PhD in Public Health, and she is currently a Research Associate at ISPUP. She is particularly interested in understanding how the place of residence influences individuals' health and behaviors and in evaluating the socioeconomic inequalities in health.

**Local: Room 9**

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